

Insight World Aid eNewsletter



Volume 3

May 20, 2011



Wisdom and Compassion in Action

IWA Announces Our First Local Project

Join Us!

Team IWA will be participating in a one-day event to provide free services to homeless individuals and families in San Francisco. The event, sponsored by

Project Homeless Connect (PHC), will offer medical, dental, and social services to over 1000 people. Visit the PHC website to: 1) register; 2) join Team IWA, and then 3) select the volunteer position you are interested in serving. Positions include registration, medical, dental, nutrition, housing, and more. IWA participants will be meeting and carpooling from IMC to SF prior to the event. IWA team members will be contacted with details on carpooling.

Date & Time: Friday June 10th, 2011, 8:30 am to 4:00 pm

Location: Bayview (Keith St & Armstrong Ave) San Francisco

Information & Registration: <http://www.projecthomelessconnect.com>

An IWA Special Event at IMC in June

Launching *Insight World Aid*: A Presentation on its Mission

Sunday, June 12, 11:00 a.m. - 12:00

At Insight Meditation Center of Redwood City
108 Birch Street Redwood City, California 94062

Gil Fronsdal and other members of IWA will be introducing its mission and its upcoming Cambodian project. There will be a slide show and discussion about socially applied Buddhist practice. This event will be held after the regular Sunday morning services at IMC. Please come and participate in what is sure to be an interesting and important presentation and discussion about our organization. At this meeting there will be opportunities to sign up for volunteer positions.

Now Accepting Volunteer Applications

Sign Up Today!

We are now accepting applications for volunteer positions. Please visit our website volunteer page to download an application and to view a description of the different positions available. Over the next few months we will be selecting volunteers.

Visit Our New Facebook Page

Make Friends With Us!

We are grateful to Linda McGrath, owner of [Yoga Source Studio](#) in Los Gatos, for developing our Insight World Aid Facebook page. Please visit our page and sign-up.



IWA is now Tax-Exempt!

IWA has been designated by the IRS as a 501 (c) (3) public charity organization. Donations made are tax deductible under the IRS and the California Franchise Tax Board codes.

First IWA Aid Mission Plans Evolving

We are currently organizing a volunteer medical and humanitarian aid mission to Cambodia for late 2012 or early 2013. The project will establish a temporary medical clinic, provide nutritional and hygiene support and education, and assist with repair/construction of local infrastructure of a small community in Cambodia. Volunteers will have the opportunity to help people in need overseas while learning more about this ancient culture. The trip will be of 2 week duration and will include teachings and practice of insight meditation. Organization for this project currently includes identifying communities in need in Cambodia, exploring partnerships with organizations and individuals, research, recruiting volunteers, and fundraising.

Support Insight World Aid:

1. **Volunteer** - Insight World Aid is in need of volunteers. We appreciate help from both people with medical training and qualifications and also people with non-medical skills. If you would like more information regarding donating your time and skills to IWA please visit our website and download a volunteer description list and application.

2. **Donate** - Insight World Aid is now accepting donations. As a non-profit 501 (c) (3) organization, donations made to IWA are tax-deductible. If you would like to make a donation at this time please send your check to our mailing address below or visit our website to donate through PayPal.
3. **Spread the word** – If you know someone who may be interested in our work, please forward this email to them or give them the link to our website. Also, please bring a friend to our IMC event on June 12, 2011.

How to contact us:

Our Website: <http://insightworldaid.org/>

Our Mailing Address:

Insight World Aid
108 Birch Street
Redwood City, CA 94062

Phone: (650) 241-9616 (voicemail)

Email address: insightworldaid@gmail.com

For more information about IWA or to be **added** to or **removed** from this email list write: insightworldaid@gmail.com

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