

# *Insight World Aid eNewsletter*



*Volume 2*

*March 15, 2011*

## **About Insight World Aid**

A few members of the Insight Meditation Center (IMC), including Gil Fronsdal, have created a new non-profit organization called Insight World Aid. IWA will provide opportunities for members of the insight meditation community to give medical and humanitarian aid to those in need locally and abroad. This is an exciting extension of the Buddhist practice of our community.

## **An IWA Special Event at IMC**

### **Launching Insight World Aid: A Presentation on its Mission**

Sunday, June 12, 11:00 a.m. - 12:00

At Insight Meditation Center of Redwood City  
108 Birch Street Redwood City, California 94062

Gil Fronsdal and other members of IWA will be introducing its mission and its upcoming Cambodian project. There will be a slide show and discussion about socially applied Buddhist practice. This event will be held after the regular Sunday morning services at IMC. Please come and participate in what is sure to be an interesting and important presentation on our organization. At this meeting there will be opportunities to sign up for volunteer positions.

## **Non-Profit Status Update**

We have submitted our paperwork for non-profit status (form 1023) to the IRS and are hopeful that we will receive our tax-exempt status later this year.



Dr. Jeff performing history and physical exams on patients with Buddhist monks translating.

## **Report of Recent IWA Scouting Mission to Cambodia**

One of our members, Dr. Jeff Hardin recently participated in a volunteer medical aid trip in Cambodia. While there, Jeff was able to provide medical services to Cambodians and establish partnerships for IWA. To read the full report and see more photos please visit our website: <http://insightworldaid.org/>



Our enchanting sleeping quarters in the Baray Pagoda Meditation Hall, Cambodia.

## **First IWA Aid Mission Plans Evolving**

We are currently organizing a volunteer medical and humanitarian aid mission to Cambodia for late 2012 or early 2013. The project will establish a temporary medical clinic, provide nutritional and hygiene support and education, and assist with repair/construction of local infrastructure of a small community in Cambodia. Volunteers will have the opportunity to help people in need overseas while learning more about this ancient culture. The trip will be of 2 week duration and will include teachings and practice of insight meditation. Organization for this project currently includes identifying communities in need in Cambodia, exploring partnerships with organizations and individuals, research, recruiting volunteers, and fundraising.

### **How to get involved with IWA:**

1. **Volunteer** - Insight World Aid is in need of volunteers. We need both people with medical training and qualifications and also people with

non-medical skills. If you would like more information regarding donating your time and skills to IWA please contact us at the email below. We are currently preparing a list of volunteer positions and will have it posted soon.

2. **Donate** - Insight World Aid is now accepting donations. We anticipate non-profit [501 (c) (3)] approval this year and if approved, donations will be retroactively tax-deductible under IRS and California tax code. If you would like to make a donation at this time please send your check to our mailing address below or visit our website to donate through PayPal.
3. **Spread the word** – If you know someone who may be interested in our work, please forward this email to them or give them the link to our website. Also, please bring a friend to our IMC event on June 12, 2011.

## **How to contact us:**

Our Website: <http://insightworldaid.org/>

Our Mailing Address:

Insight World Aid  
108 Birch Street  
Redwood City, CA 94062

Phone: (650) 241-9616 (voicemail)

Email address: [insightworldaid@gmail.com](mailto:insightworldaid@gmail.com)

For more information about IWA or to be **added** to or **removed** from this email list write: [insightworldaid@gmail.com](mailto:insightworldaid@gmail.com)

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